

# 2017 3<sup>rd</sup> QUARTER WTSDF News Letter

## Western Tang Soo Do Federation: Mission Statement

*The Western Tang Soo Do Federation has been founded for the purpose of instilling discipline and respect in all its members who are willing to endure the sacrifices required to obtain the rank of Black Belt.*

*The training is designed to benefit the individual practitioner and also to build a team. This will help the members to develop camaraderie and learn the importance of working relationships with all of their associates, both in the Martial Arts and in other endeavors.*

*We will stand out in this world as leaders, setting an example to others of what can be accomplished physically, mentally and morally.*

*Federation members will learn, teach and demonstrate respect for others in all their associations. This respect influences family, business and other relationships, and promotes a healthier lifestyle for all those who are associated with the Western Tang Soo Do Federation.*

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## *Note from the President*

### Meeting with Chuck Norris --

In December of 1986 - I traveled to Las Vegas to see my student go for his black belt. The test was held at the old Frontier Lodge and there were a number of people in attendance. This was when I was associated with the United Fighting Arts Federation so being that Chuck Norris was our leader he came out from California to oversee the black belt meeting later that evening after the test.

After the meeting was over I was able to have a nice chat with him including some business issues I had for the organization. One thing I took away from our chat was that I could feel an intensity in him, but a gentleness as well. There was no doubt in my mind that he was a real champion in his art and that I felt good about being associated with him and his organization. I am with another group now, but that meeting with Mr. Norris I will always remember.

*Mr. Mable*

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## *November 11<sup>th</sup> - Seminar in Glenwood Springs*

- *Please save the date, and we hope to see you there.*

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## *Message from Brian Mable Karate Club –*

- June 16<sup>th</sup> - Congratulations to **Dave Anson** who advanced to his 7<sup>th</sup> Blue
- July 19<sup>th</sup> - Congratulations to **Jill Anson** who advanced to her 6<sup>th</sup> Green
- Congratulations to **Christy Hamrick** who advanced to her 8<sup>th</sup> Blue

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Message from Las Vegas Karate Club – by Mrs. Douglas

Photo provided by Mrs. Douglas -

1972 Back Row - 2<sup>nd</sup> from left (Mr. Douglas)  
Middle Row - 2<sup>nd</sup> from left (Mr. Bledsoe's daughter Sandy)  
Center - Mrs. Douglas / Far Right (Mr. Douglas' daughter Dawn)  
Front Row - from left, Mr. Bledsoe, Mr. Douglas' deceased daughter Pam,  
Mr. Bledsoe's daughter, Arta.



Recent Advancements -

5<sup>th</sup> Green (Mary Wion) and (Benicio Bejarano)  
9<sup>th</sup> Orange (Chaya Bejarano) and (Angel Frias)  
10<sup>th</sup> Purple (Zoe Abbasi)

Black Belt Workout - On June 4<sup>th</sup> the following students attended Mr. Quinlan's workout  
\*\* Mr. Dague \*\* Mr. Clark \*\* Mr. Klokman

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Message from Bledsoe Karate Club –



CONGRATULATIONS:

**May Testing Results:**

- 4<sup>th</sup> Green - Eugene Sheely
- 6<sup>th</sup> Green - Jacob Sheely / David Sheely / Lyliana Sheely
- 8<sup>th</sup> Blue - Laura Adams
- 10<sup>th</sup> Purple - Skyler Russell / Kylee Fry

Mr. Nelson - How long have you been practicing Martial Arts?

Since my mom was performing Pyong Sahm Dan - Mrs. Nelson was several months pregnant with Mack when she tested for one of her red belts. When she got to the balance move in Pyong Sahm Dan (balance on one leg and arms in the goal post position) Mack decided it was time to start kicking like a MULE. The “focus” it took to hold that move was enormous. So, basically, Mr. Mack Nelson has been practicing his martial arts since before he was born.

Mrs. Nelson - You need something? Ask Mrs. Nelson (she has a Mary Poppins Bag)

Sometimes people are just in need of some thing or things. This was the case last March. Mrs. Douglas needed to hold up a sign. Mrs. Nelson happened to have a roll of tape in her karate bag. Mr. Solomon needed testing sheets, and he was able to retrieve an email on his phone from Mrs. Nelson and printed them out. Ms. Howard needed a mouth piece, and there happened to be a brand new one still in the plastic in Mrs. Nelson's bag. The testing board ran out of pens. Ask Mrs. Nelson . . . Yep, there was a bag of pens in the bottom of her bag. Does anyone else need something? **Mary Poppins and her carpet bag have nothing on Mrs. Nelson.**

2017 2nd QUARTER WISDF News Letter  
(continued)



Message from **Brad Solomon Karate Club** –



Sala Malohifo'ou (10 yr. old) - This young girl was very happy and confident, and has been taking karate from us for over a year now. At the end of the school year last year she was out at recess with her friend. Her friend was sitting down on the ground and a group of boys came over to them and started making fun of them and kicking her friend on the ground. Sala told them to stop kicking him and when they wouldn't stop she went up to the leader of their group and told him to stop. The boy said, "What are you going to do about it?" and put both his hands on her chest and shoved her back. She felt threatened and violated from him touching her chest so she punched him in the face, grabbed her friend and ran off to tell a teacher. All the kids were sitting in the principal's office, and when the principal told her it wasn't ok to punch people in the face she stood tall and looked her principal in the eyes and said, "He was kicking my friend and touched me on my chest, I didn't do anything wrong, he did." That boy ended up getting suspended. Her principal was so impressed in her confidence and told her mom that she wished all kids her age had the confidence Sala has. Sala was so excited to tell Mr. Solomon her story, and when she was done telling it she said to him, "I did just what you said, Strike and run to get help!" He is very proud of her!



**CONGRATULATIONS:**

**Liz Edwards** (Red Belt) - went to Summer Games this year in Cedar City, UT.

Her competition results were:

- 1<sup>st</sup> in Katas
- 1<sup>st</sup> in Weapons
- 2<sup>nd</sup> in Sparring
- 2<sup>nd</sup> in Board Breaking

\*\*\* Awesome results, Liz \*\*\*

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