



Western Tang Soo Do Federation Newsletter

"APRIL" 2016

Western Tang Soo Do Federation: Mission Statement

The Western Tang Soo Do Federation has been founded for the purpose of instilling discipline and respect in all its members who are willing to endure the sacrifices required to obtain the rank of Black Belt.

The training is designed to benefit the individual practitioner and also to build a team. This will help the members to develop camaraderie and learn the importance of working relationships with all of their associates, both in the Martial Arts and in other endeavors.

We will stand out in this world as leaders, setting an example to others of what can be accomplished physically, mentally and morally.

Federation members will learn, teach and demonstrate respect for others in all their associations. This respect influences family, business and other relationships, and promotes a healthier lifestyle for all those who are associated with the Western Tang Soo Do Federation.



Note from the President

The Silent Message

Old style training was different than today's information rich world of how to do this and that better. Some schools would show you a movement, and it was up to you to develop and perfect it through time. One story is the master would walk by you, give you this serious look then walk by leaving the student to wonder if he was doing anything right at all. After a year or so went by the master would walk by the same student, pause then say "Good job" then walk away. This left the student feeling elated making him feel on top of the world because the master finally spoke to him and with a word of praise as well. The student didn't realize though that for that past year he was being tested to see if he would still be in class and show the patience required to be a good student and that his techniques weren't corrected because he was doing something right and the master wanted him to repeat the movement until perfected. Today there are all kinds of ways to develop good technique, but it still takes patience and diligence on the part of the student to train well in order to become the martial artist he/she wants to be. If an instructor corrects you the comment should be a constructive criticism and a word of praise that progress is being made.

Mr. Mable



CONGRATULATIONS ---



March 4, 2016 testing: 10th Purple – Kelton Lee AND Grace Anson

March 18, 2016 testing: 10th Purple – Dave Anson

9th Orange – Jill Anson

8th Blue – Mary Krauth

Special Recognition: March 12th Karate Seminar in Glenwood Springs - Mrs. Bledsoe was presented a plaque thanking her for the 15 years of contribution and commitment to the WTSDF.

QUOTE: "Life's most persistent and urgent questions is, 'What are you doing for others?'"

Martin Luther King Jr., American civil rights activist



News Letter for “APRIL” 2016 (continued)

Message from Bledsoe Karate Club –

The following events took place the past few months, and the information was provided by Mrs. Cindy Nelson.

Student advancements include: 3 new Gold Belts / 5 new Purple Belts / 1 Orange Belt / 1 Second Red / 1 First Red

Moapa Valley High School –

- 1) This High School invites students to share their talents with the student body during regular school-wide assemblies. This last month Josh Lee (1st Red) and Garrett German (1st Red) presented a breaking demonstration. Josh improved his personal best by breaking 4 bricks with the Ro Hai break.
 - 2) Moapa Valley High School dance team also invited Bledsoe Karate Club again to demonstrate in the evening Dance Invitational event to put karate movements and breaks to music. The students who performed in this event were: Jacob Villezcas, Alex Villezcas, Arthur Villezcas, Dallin Conk, Josh Lee, Savanna Howard, Mrs. Nelson and Mr. Bledsoe.
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REGULAR CLASS SCHEDULE

- **Monday & Wednesday – Beginner kids classes 4:00pm – 5:00pm**
- **Monday & Wednesday – Advanced & Intermediate Classes 6:30pm – 7:45pm**
- **Tuesday Classes - Adult Beginner Classes 6:30pm – 7:30pm**
- **Thursday Classes - Adult Beginner Classes 6pm – 7pm**

Friday (open night) -	For anyone who would like an extra workout night	<u>6:30pm to 7:30pm</u>
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***** Private Lessons are always available to any student for \$65.00 per Hour with Mr. Mable.**
(this is always a very valuable time to help each student excel to their next level of training)
